

A Legacy of Caring

Pullman Community Council on Aging advocates for improving the quality of life for local seniors by identifying needs, developing solutions, and connecting resources.

Since 1973 this partnership of community members, senior service professionals, and community groups has developed programs to benefit seniors. Besides Senior Chore Service, current programs include:

- ★ **Meals on Wheels:** warm, nutritious noon-time meals delivered to homebound seniors 365 days a year.
- ★ **Guide to Senior Services:** a free publication listing valuable resources for Whitman County senior citizens.

Pullman Community Council on Aging

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Senior Chore Service is supported through grants and community donations. As a 501(c)(3) non-profit organization, all donations are tax deductible.

Senior Chore Service



Volunteer Chore Assistance
for Pullman Seniors

THE VALUE OF SENIOR CHORE SERVICE

Many Pullman seniors live in their own homes where an extra helping hand may be needed.

As part of Pullman Community Council on Aging's mission, a volunteer chore network has been established to ensure Pullman's seniors enjoy a high quality of life. All services are provided free of charge.

The **Senior Chore Service** recruits volunteers to provide these services. Volunteers may include individuals, families, fellow senior citizens, university students, service clubs, or church and school groups.

If you are a Pullman senior citizen living at home or if you are someone looking for community volunteer opportunities, the **Senior Chore Service** may be for you!

WOULD YOU LIKE TO VOLUNTEER?

Community and university groups are invaluable Senior Chore Service partners who provide one-time group service projects. These chore crews are scheduled regularly throughout the year and can be tailored to a specific group. One group can have amazing impact on many seniors in just a few hours!

Individual volunteers are always welcome and can provide either one-time or on-going assistance to an individual senior.



Please contact the **Senior Chore Service Coordinator** for more information or to receive a volunteer application.

TO RECEIVE CHORE SERVICES

Chore services are provided during community group chore crews, where a group of volunteers help several seniors at the same time. These chore crews are scheduled regularly throughout the year, and seniors may sign up ahead of time.

One-on-one assistance is possible depending on individual volunteer availability.

Please contact the **Senior Chore Service Coordinator** to register as an SCS client. She will set up an introductory meeting to discuss available services.

SERVICES AVAILABLE

- Yard Care
- Gardening
- Leaf Raking
- Snow Removal
- Light Housecleaning
- Simple Maintenance

PCCoA Senior Chore Service

Program Cell Phone: 509-332-9627
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*For more information, please see our website
PullmanCCoA.org*